## **BASTROP ISD** SCHOOL HEALTH ADVISORY COUNCIL **OCTOBER 26TH, 2021**



PURPOSE: To identify district health related issues and seek input

LOCATION: BISD Service Center Board Room

FACILITATOR: Tanya Coleman, District Head Nurse & Laura Baker, Director of Student Services

TIME: 4:45 p.m.

## 8 Areas of Responsibility for the SHAC:

Physical Education **Nutritional Services** 

□ Counseling, Psychological, & Social Service

Items Marked Are Represented In The Agenda Below

Members In Attendance: Laura Baker, Tanya Coleman, Scot Bunch, Catina White-Higgins, Athan Schindler,

Tanya Griesenbeck, Kristi Kessler, Meagan Webb, Lucinda Leaver-Mineer, Jacelyn Perez

Artifacts: 2021-2022 Oct. SHAC Presentation, Agenda, Activity: Creating A Vision, Roles & Responsibilities,

| Recording |  |                                |  |
|-----------|--|--------------------------------|--|
| TIME:     | AGENDA TOPIC:  | PRESENTER:                     |  |
| 15 Min.   | <ul> <li>★ Welcome &amp; Opening Remarks</li> <li>○ Approval of agenda</li> <li>■ Review of agenda and presented to members</li> <li>■ Introduction of members</li> <li>■ Purpose of the SHAC</li> </ul>   | Tanya Coleman &<br>Laura Baker |  |
| 15 Min.   | <ul> <li>★ Review SHAC Member Roles &amp; Responsibilities</li> <li>○ Reviewed roles &amp; responsibilities</li> <li>○ Opened up to questions or inquiries for clarification</li> <li>○ Discussed the characteristics of a council member; no questions</li> <li>○ Overview of who should make up the SHAC and discussed the need to grow</li> </ul>   | Laura Baker                    |  |
| 15 Min.   | <ul> <li>★ Overview Of 2020-2021</li> <li>Brief overview of last years objectives with some discussion that these could evolve or change dependent on the needs of the community</li> <li>Reviewed the correlation between academics, attendance, etc. in relation to having a sense of safety and belonging while at school</li> <li>Play It Safe:         <ul> <li>Overview provided by council member Jayce, Children's Advocacy Center (CAC)</li> <li>Educational program for students to advocate for themselves</li> <li>The CAC has reviewed some of the videos</li> <li>Will provide members an overview of topics prior to the next meeting</li> <li>Bastrop Co. has been identified as having a high number of physical/sexual abuse cases when compared to other areas</li> <li>The CAC will provide data to the council to help drive decisions</li> </ul> </li> <li>Handle With Care:         <ul> <li>CAC provided an overview of this program, which is supportive in nature and aligns to Restorative Practices</li> <li>If a student/child was part of an incident (e.g. domestic violence) outside of school (e.g. the night before), those needing to know at school would be notified to "handle with</li> </ul> </li> </ul> | Tanya Coleman &<br>Laura Baker |  |

| 20 Min. | explore next steps to possibly submit a proposal to the school board  Current BISD Programs:  Trauma Informed Practices-rolled out several years ago and training is ongoing  Second Step-BISD Social Emotional Learning (SEL) curriculum for Early Childhood thru grade 8  Character Strong-is provided at both comprehensive high schools and is available to all 9th-12 graders, it is our SEL curriculum at high schools  Bullying Prevention and Child Protection Units (CPU)-both provided by Second Step/Committees for Children. This will be the first year of rollout for both units, the bullying prevention is currently being taught (Oct.) and the CPU lessons are woven throughout the SEL Year At A Glance/Scope and Sequence  Adult Self-Care-is promoted by BISD and is something we encourage our staff members to take part in. If we cannot take care of ourselves, it makes it challenging for us (adults) to take care of others  Family Resource Center/District Clinic-located behind CRCA/Genesis. It houses a clinic that offers medical care to families, including pediatrics. For families that don't have insurance, the clinic offers a "sliding scale" for payment  Drug Prevention-Chief Bunch spoke about the LEAD program and how the district is looking at prevention options. During this time a council member shared that it would be helpful to have some data to review in the hopes of prioritizing the needs of the community and the district  Internet Safety-included in the SEL YAG, new this year, were digital citizenship lessons to be taught during the first couple of weeks of school and throughout the year as needed or after long breaks  * Identify Spring & 2022-2023 Priorities  Create a vision  Develop a plan  Gave homework at this time  A front and back "worksheet" was provided to participants  The worksheet provides reflection questions and sentence stems | Tanya Coleman &<br>Laura Baker |
|---------|--|--------------------------------|
|         | stems  Members will complete the assignment and submit either prior to the next meeting or bring to the next meeting The purpose of the assignment is to develop a Vision Statement  DATA  Members requested data in various areas The SHAC needs the data to create a problem statement and to conduct strategic planning The CAC will provide data, the Director of Student Services, and additional areas: pregnancy rates, substance use issues, CPS calls   |                                |

| 5 Min. | <ul> <li>★ Proposal of Meeting Dates         <ul> <li>Propose dates for the remaining 3 meetings:</li> <li>Tues. Nov. 30th</li> <li>Tues. Jan. 11th</li> <li>Tues. Feb. 22nd</li> </ul> </li> <li>The proposed dates were reviewed and members didn't voice any concerns or conflicts</li> <li>May give pre-work prior to next meeting so members have time to review the data so we come to the table ready to identify areas in need</li> </ul> | Laura Baker |
|--------|---|-------------|
| 5 Min. | <ul> <li>★ Closing         <ul> <li>Members were thanked and encouraged to reach out with any additional questions</li> </ul> </li> </ul>   | All         |

## **Additional Information:**

- ★ The meeting will be audio recorded and posted to the district's website.
- ★ The meeting agenda and minutes will be posted to the district's website.
- ★ The SHAC must meet four times per year.
- ★ The Texas open meeting laws do not apply to local SHACs because they serve in an advisory role vs. a decision-making or fiscal role.
- ★ The BISD SHAC is required to submit to the district's school board a written report that includes:
  - recommendations concerning health education curriculum and instruction that has not been previously submitted to the school board;
  - Any suggested modifications to previous recommendations made by the SHAC to the school board:
  - o A list of activities during the period of the written reports submitted to the school board
  - Any recommendations by a subcommittee specific to physical activity and fitness.